

NOVEMBER  
2019

# Health

REAL  
WELLNESS

## Ali Wong

THE COMEDIAN  
GETS REAL ABOUT  
SUCCESS, FAMILY  
& BALANCING  
IT ALL

THE  
FOOD  
ISSUE

# Live, Laugh, Love!

QUICK TRICKS  
TO FIND MORE  
JOY EVERY DAY

NEW TAKES  
ON HOLIDAY  
PIES & SIDES

SELF-CARE  
MADE SIMPLE  
(AND FUN!)



OUR ANNUAL  
**SNACK  
AWARDS**

40 TASTY  
BITES  
TO SATISFY  
ANY  
CRAVING

# THE SHARE

NEWS | MUST-HAVES | TRENDS

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**WE TRIED IT!**

## **PRIORITIZE YOUR PORES**

Our beauty editors love to find solutions to everyday woes. So they were the first in line to try these treatments for purging pores. Here, we share the results.





## **At Home: Dermaflash Dermapore**

“Most of the time, a blend of luck and a solid skin-care routine keeps my pores in check. However, all the salicylic acid in the world couldn’t unclog the area around my nose and lips recently. I was ready to amp up my arsenal. Enter the Dermaflash Dermapore Pore Extractor & Serum Infuser (\$99; [sephora.com](https://www.sephora.com)), a handheld device created to clean pores and boost skin’s ability to absorb product. Press the tool into wet skin, and run it across congested areas. After a few glides, I found blackheads starting to clear and my pores beginning to look smaller (and the contents of my pores appeared on the tip of the device). While some blemishes remained, my urge to pick was gone, and my skin was thankful.” —*Anneke Knot*

## **In-Office: Hydrafacial**

“This treatment (starting at \$199; visit [hydrafacial.com](https://www.hydrafacial.com) to find a provider) is known for its gentleness and also for its immediate, visible results. My esthetician mentioned that it’s a favorite with brides, and they’ll get one as late as the day before their wedding in order to have a healthy glow. That’s saying something! The entire treatment takes about half an hour. There’s a tube gliding over your face to infuse moisture and vitamins while extracting dirt and oil, but there’s not much discomfort. Possibly the best part was at the end of the facial when I got to see a tube that was holding all the gunk that was sucked out of my skin. I left feeling refreshed, with a dewy and plump complexion to match.” —*Lisa DeSantis*

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